



PURPOSE OF RESOURCE

The “Meet the Agilities” video is the introductory video in the Agilities Kids series. In this series, students are introduced to the animated Agilities characters. In addition to this video, there are 10 animated videos for each Agility in this series.

In the “Meet the Agilities” video students are introduced to the 10 Agilities of Work with age-appropriate examples and definitions. Then, students learn how the Agilities are activated at school, at home, and in their community. Students will be introduced to the animated characters that appear in the Agilities Kids video series.



VIDEO OVERVIEW

The Agilities Overview video is divided into six key parts:

1. Introduce Innovating, Organizing, and Judging and Estimating Agilities.
2. Define Agilities as skills you “like to do” and “are good at doing.”
3. Introduce Inspecting, Selling and Communicating, Working with Information, and Operating Objects Agilities.
4. Explain that Agilities are skills that can be grown and developed.
5. Introduce Developing Others, Serving and Caring, and Managing Agilities.
6. Demonstrate that Agilities are used in every job in the economy and that students can use them at school, home, and in the community in a variety of ways.



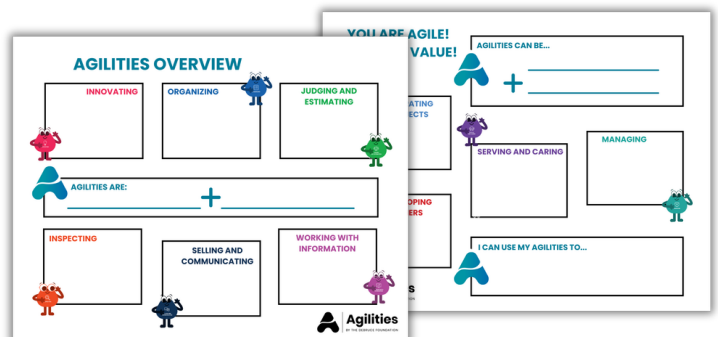
RESOURCES NEEDED

Required Resources

- [“Meet the Agilities” video](#)
- [“Meet the Agilities” activity sheet](#)

Supplemental Resources:

- [Learning Your Agilities one-pager](#)
- [Agilities one-pagers](#)





ACTIVITY INTRODUCTION

Before showing the video, activate student's interests using the following questions as a guide:

- What activities and skills do you like to do?
- Where do you do these activities and skills?
- Are there things you like to do at school?
- How do you know when you're good at something?
- How does it feel when you get to do something you like and you're good at?



VIDEO INTRODUCTION

Explain to students that they will meet some characters today that can help them describe the activities and skills they like to do and they're good at doing. Show the video the first time without pausing or having students write anything down.



VIDEO ACTIVITY

Play the video a second time pausing after each section to give students time to write on their activity sheet, or complete the activity sheet as a class. Use the questions in the "Class Discussion" section of this guide to help with facilitation.

1. Introduce Innovating, Organizing, and Judging and Estimating Agilities. (Pause at 1:52)
2. Define Agilities as skills you "like to do" and "are good at doing." (Pause at 2:16)
3. Introduce Inspecting, Selling and Communicating, Working with Information, and Operating Objects Agilities. (Pause at 2:57)
4. Explain that Agilities are skills that can be grown and developed. (Pause at 3:21)
5. Introduce Developing Others, Serving and Caring, and Managing Agilities. (Pause at 3:51)
6. Demonstrate that Agilities are used in every job in the economy and that students can use them at school, at home, and in the community in a variety of ways. (Complete the Video)



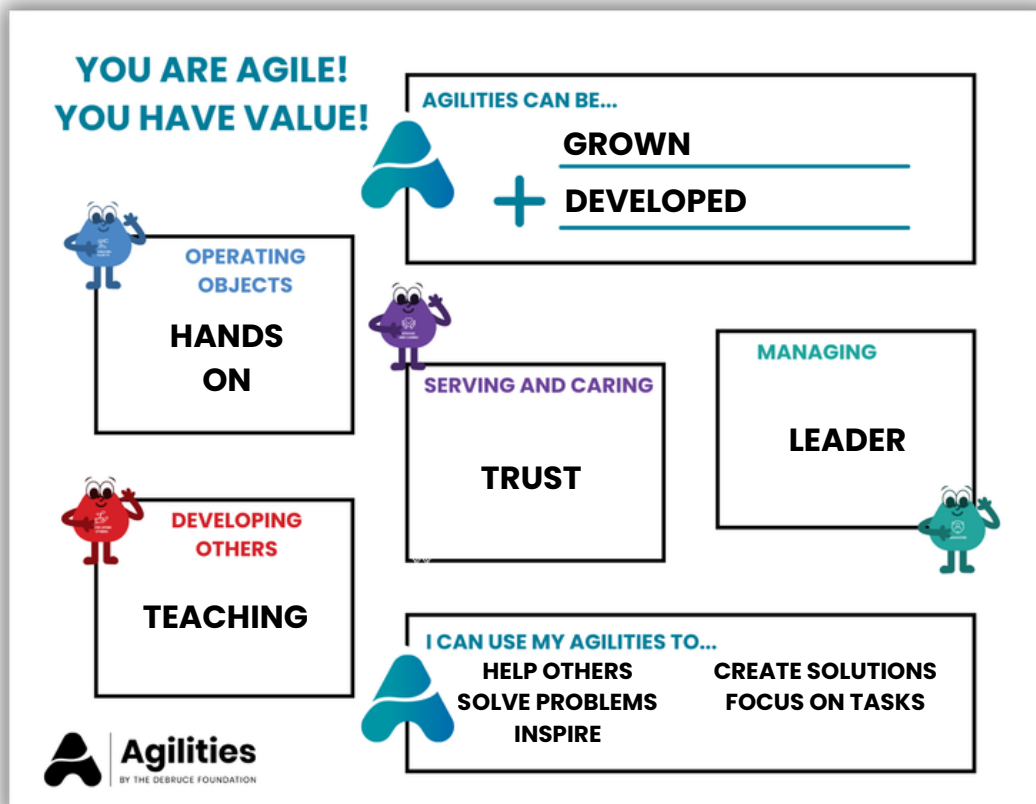
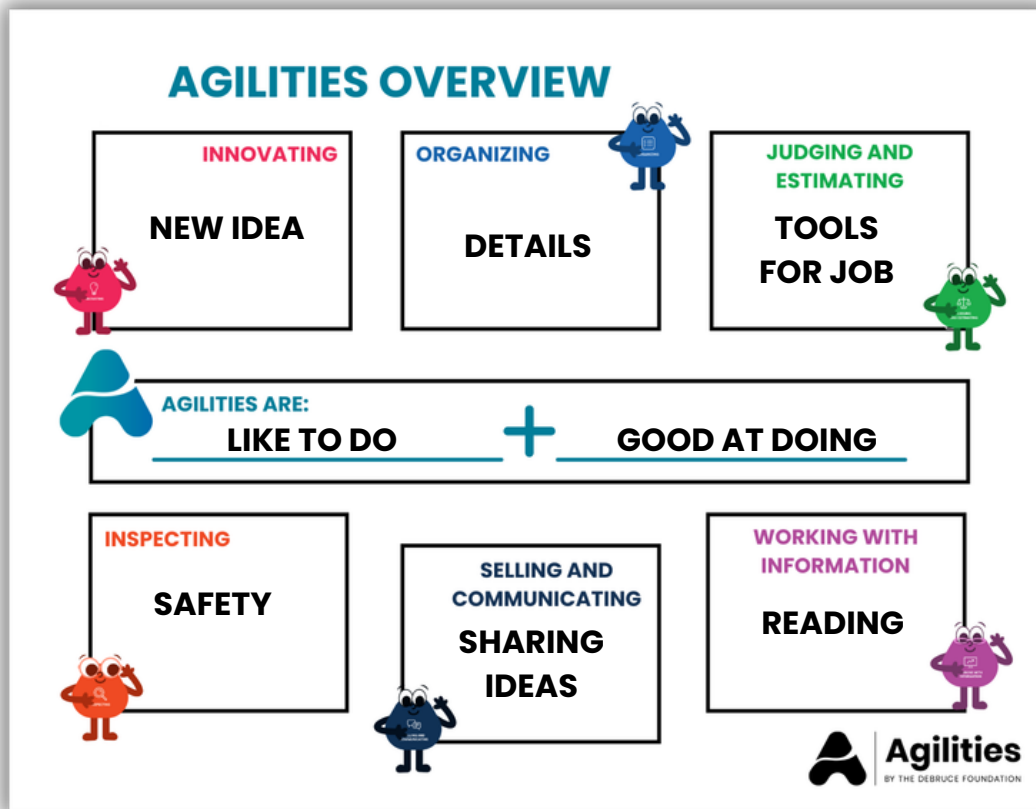
CLASS DISCUSSION

Use the following discussion questions as a guide, encouraging students to participate:

- What are Agilities?
- Which Agility did you like the most from the video? Why?
- How do you use your Agilities at school?
- How do you use your Agilities at home?
- How do you use your Agilities in the community? (sports, church, volunteering, clubs)



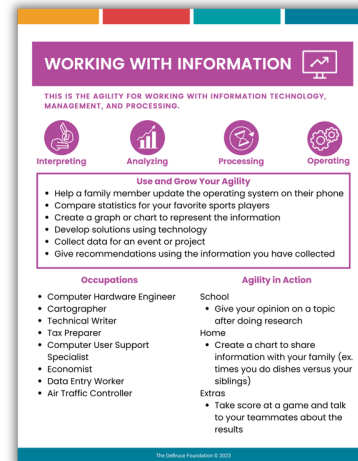
SAMPLE ANSWER KEY





TIPS

Use the Learning Your Agilites and Agilites one-pagers for additional keywords to support deeper conversations with students.



Use additional lessons from the Elementary Agilites Resource Kit to develop an Agilites Classroom.

Suggested Resources:

- Looks Like Sounds Like Chart
- Agilites Matching Game
- Agility Vocabulary Development
- Agilites Discussion Cards
- Agilites This or That Activity



KINDERGARTEN VARIATIONS

Alternative Delivery:

- Complete the activity sheet as a class, scribing students' responses.
- Encourage students to draw pictures rather than writing words on the activity sheet.
- Write keywords on chart paper or whiteboard as a word bank for students.